



## Caregiver sensitivity

Discuss with a group or write your responses to the following.

*Before the Vodcast:*

- Think back to when you were a young child. Any sensitive caregivers in your life? Describe what they did to make you feel they were a sensitive caregiver.

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- If you were asked to define sensitive caregiving to a group of professionals, what would you say?

*After the Vodcast:*

After watching the vodcast on Caregiver Sensitivity, what hit home or made a special connection with you?

*Share what the following actions mean to you and brainstorm what you would do to support them:*

**Think kinship**

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**Replace negative affect with positive effect**

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**Help children tell their inner stories**

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**Use non-verbal gestures**

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**Learn more**

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