

Family dining

Discuss with a group or write your responses to the following.

Before the Vodcast:

- What are the current eating practices for children in your child care home or center?

What are the advantages and disadvantages of the current eating practices?

After the Vodcast:

- What are the advantages and disadvantages of family style dining for children?

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- What are the advantages and disadvantages of family style dining for adult staff?
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