

Executive Function Skills: Foster with partner-time play

Discuss with a group or write your responses to the following.

Before the Vodcast:

- Executive function skills may be a term you are familiar with or a term you have not heard. Share a few ideas on what you know about executive function skills or what executive function skills makes you wonder about.

After the Vodcast:

- The vodcast likens executive function skills to 'tools of the mind', a broad set of skills that support the process of thinking and learning. Share three ideas you learned about executive function skills, or what you found interesting and important about executive function skills:

- Research shows that executive function skills are a critical building block in learning and a predictor of school achievement. Executive function skills encompass focusing, remembering, planning, adjusting to change, using new information, and having self-control. With this in mind, what are a few activities and opportunities caregivers can provide to develop executive function skills?

Notes: