

**Discuss with a group or use as self-reflection.**

***Before the vodcast***

1. Professional early educators who care for children in diapers have a lot to think about in regards to health, safety, and quality interactions with the children during diapering. List steps and procedures that you feel are important for diapering practices. Share your list with others to compare practices and ideas.

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |

***After the Vodcast***

2. Healthy Practices: Diapering 101 presented many important steps for practicing safe and healthy diapering – ten steps to be exact! *Compare your list above with the steps in the video. Discuss and share the following (or use for self-reflection): How many of your diapering steps were the same as in the video? What new practices, if any, did you learn? What changes, if any, will you need to make to your diapering practices and to your diapering area?*

3. Good diapering practices include being prepared. Being prepared means the adult is able to stay with the child the entire time and therefore spreads fewer germs – if all supplies are within reach, the adult won't spread germs from hands to the container of wipes, tubes of diaper creams, or to other supplies. *List items that need to be gathered ahead of time below. Also, discuss and compare ideas with others on how to be prepared and why it is important.*

Diapering: Supplies to gather ahead of time:

Diapering: How to be prepared ahead of time:

(over)

4. Along with preparing for diapering, there is clean-up involved. *Reflect on the many steps mentioned in Diapering 101 for cleaning up after diapering. List steps and ideas for healthy and safe diapering clean-up below. Share your ideas with others to see if you missed anything (and review the Diapering 101 video!).*

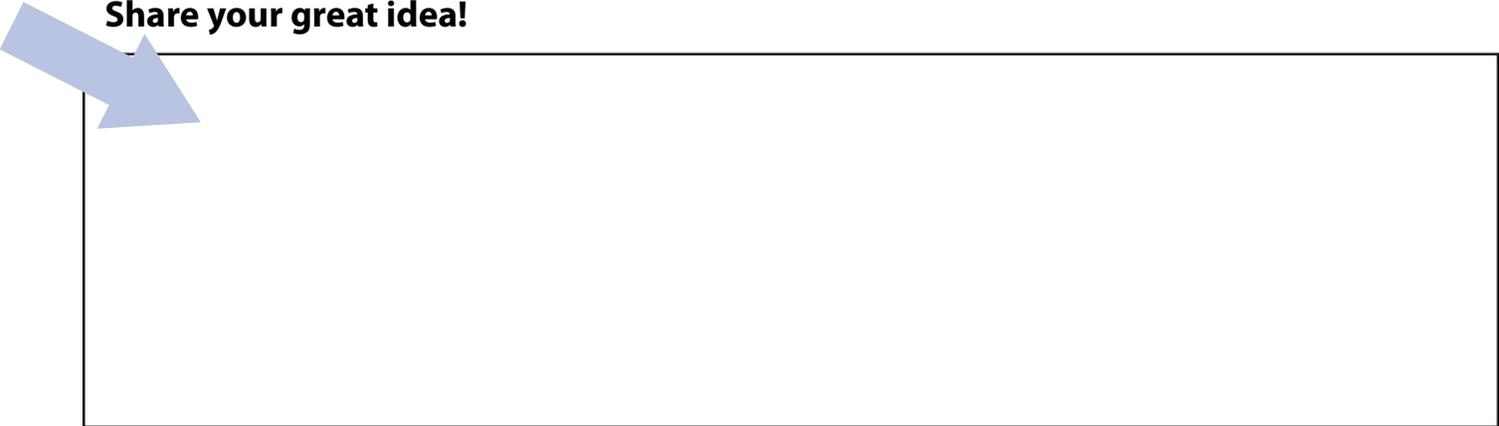
Diapering: Clean-up practices:

5. Communicating with children ahead, during, and after diapering, is a sign of respect. It helps children learn to trust you and also is a wonderful opportunity for quality caregiver to infant interactions. *Share how you engage children before, during, and after diapering – provide examples of discussion prompts.*

*“We not only respect babies, we demonstrate our respect every time we interact with them. Respecting a child means treating even the youngest infant as a unique human being, not as an object.” - Magda Gerber*

Diapering Poster – <http://ecels-healthychildcarepa.org/tools/posters/item/279-diapering-poster>

**Share your great idea!**



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