

## Cultural Understanding

Discuss with a group or write your responses to the following.

*Before the Vodcast:*

- “Culture is not something someone else has; it is something we all have.”
- Describe what this quote means – provide examples if possible. Write ideas directly onto the Discussion Starter. In a group discussion, each person can write an idea onto a slip of paper (without adding names), fold and gather the papers, and then each person can pick one to read out loud and share with the group. After all the ideas are read, discuss what thoughts came to mind – were there similar ideas? Were there new ideas or ‘I never thought of that’ ideas? Why is it important to discuss culture?

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*After the Vodcast:*

- The term cultural competence is explored in the vodcast as “... the ability to understand diverse viewpoints and appropriately interact with members of other cultures in a range of situations.” Think about how one might become ‘culturally competent.’ What steps can be taken to embrace being culturally competent?
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