

## Change and young children

Discuss with a group or write your responses to the following.

*Before the Vodcast:*

- Think about the changes young children face. Make a quick list of four changes children experience.

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- Describe how change can be both positive and negative for young children. Provide examples if possible.

*After the Vodcast:*

- Refer to the list of four changes young children face that you listed previous to watching the vodcasts. What, if any, would you now add to this list of changes?

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- In the vodcast Katie, the early learning advocate, shares why change might be difficult for young children. In your own words, describe why you think change can be difficult for young children.

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- What are some behaviors children might exhibit when experiencing challenging changes?
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