### **BETTER • KID • CARE**



## CDA required coursework



# **P**Required reading

Readings from the following three books are required to complete the Better Kid Care CDA coursework and the CDA Credential Process. The books are available from the <u>Council for Professional Recognition</u>.

- 1. CDA Competency Standards (for your identified CDA setting)
- 2. Essentials for Working with Young Children, 3rd edition
- 3. Essentials Workbook, 3rd edition

## 1. Read and complete the following in the book CDA Competency Standards:

a. Introduction and Part One - Earning the Child Development Associate Credential

- b. Part Two The Child Development Associate Competency Standards
- c. Part Three Additional Information and Resources

## 2. Read and complete the following in *Essentials for Working with Young Children* and the accompanying *Essentials Workbook*:

## **CDA Competency Standard I:** To plan a safe, healthy learning environment.

### CDA Functional Area 1 Safe:

- Essentials for Working with Young Children Read the Introduction and Chapter 1 "Safe".
- Essentials Workbook Read and complete the activities in the Introduction and Chapter 1 "Safe".

### CDA Functional Area 2 Healthy:

- Essentials for Working with Young Children Read Chapter 2 "Healthy".
- Essentials Workbook Read and complete activities in Chapter 2 "Healthy".

### CDA Functional Area 3 Learning Environment:

- Essentials for Working with Young Children Read Chapter 3 "Learning Environment".
- Essentials Workbook Read and complete activities in Chapter 3 "Learning Environment".

## **CDA Competency Standard II:** To advance physical and intellectual competence.

### CDA Functional Area 4 Physical:

- Essentials for Working with Young Children Read Chapter 4 "Physical".
- Essentials Workbook Read and complete activities for Chapter 4 "Physical".

### CDA Functional Area 5 Cognitive:

- Essentials for Working with Young Children Read Chapter 5 "Cognitive".
- Essentials Workbook Read and complete the activities for Chapter 5 "Cognitive".

### CDA Functional Area 6 Communication:

- Essentials for Working with Young Children Read Chapter 6 "Communication".
- Essentials Workbook Read and complete activities for Chapter 6 "Communication".

#### CDA Functional Area 7 Creative:

- Essentials for Working with Young Children Read Chapter 8 "Self".
- · Essentials Workbook Read Chapter 8 "Self".

## **CDA Competency Standard III:** To support children's social and emotional development.

#### CDA Functional Area 8 Self:

- Essentials for Working with Young Children Read Chapter 8 "Self".
- Essentials Workbook Read and complete activities for Chapter 8 "Self".

#### CDA Functional Area 9 Social:

- Essentials for Working with Young Children Read Chapter 9 "Social".
- Essentials Workbook Read and complete activities for Chapter 9 "Social".

#### CDA Functional Area 10 Guidance:

- Essentials for Working with Young Children Read Chapter 10 "Guidance".
- Essentials Workbook Read and complete activities for Chapter 10 "Guidance".

## **CDA competency Standard IV:** To build productive relationships with families.

#### CDA Functional Area 11 Families:

- Essentials for Working with Young Children Read Chapter 11 "Families".
- Essentials Workbook Read and complete activities for Chapter 11 "Families".

## **CDA Competency Standard V:** To ensure a well-run, purposeful program.

#### CDA Functional Area 12 Program Management:

- Essentials for Working with Young Children Read Chapter 12 "Program Management".
- Essentials Workbook Read and complete activities for Chapter 12 "Program Management.".

## **CDA Competency Standard VI:** To maintain a commitment to professionalism.

#### CDA Functional Area 13 Professionalism:

- Essentials for Working with Young Children Read Chapter 13 "Professionalism".
- Essentials Workbook Read and complete activities for Chapter 13 "Professionalism".

## **CDA Subject Area 7:** To observe and record children's behavior.

CDA Subject Area 7 doesn't have required reading, however, it is helpful to review the sections "Observing Children With the Setting" and "Documenting Children's Learning" in chapter 12 "Program Management" in *Essentials for Working with Young Children*.

### **CDA Subject Area 8:** To understand principles of child development.

CDA Subject Area 8 does not have required reading, however, it is helpful to review chapters 4-10 in *Essentials for Working with Young Children*.

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PennState Extension

## extension.psu.edu/programs/betterkidcare

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