Social/Emotional Learning Resources

The following resources are available from Penn State Better Kid Care to support children's social and emotional development.

On Demand Distance Education Modules (2 hr)

- Adverse Childhood Experiences: Building Resilience
- Cultural Understanding: Building Solid Foundations
- Creating Special Moments with Infants and Toddlers
- Dealing with Anger - The Children's and Yours
- Death, Loss and Grief: Understanding How to Support Children
- Family Child Care: Support Infants and Toddlers
- Family Child Care: Support Preschoolers
- Foundations of Child Development for Child Care Center Teachers
- Foundations of Child Development for Family Child Care Providers
- Giving Your Best: Making Secure Attachments
- Guiding Behavior: Responding to Biting and Teaching Sharing
- Infant-Toddler Care: Emotional and Social Development
- Infant-Toddler Care: Guiding Behavior
- Interactions Matter: Positive Teacher-Child Interaction Strategies
- Move Beyond Time-out to Responsive Caregiving (1 hr)
- Positive Youth Development: Building a Culture of Belonging
- PYD Foundations: Child and Youth Growth and Development
- PYD Foundations: Cultural Competency and Responsiveness
- PYD Foundations: Interactions with Children and Youth
- PYD Foundations: Youth Engagement
- Preschoolers’ Emotional Development: Feelings and Managing Emotions
- Preschool Foundations: Nurture Interactions and Guide Behavior
- Problem Solving with Children
- Resilient Caregivers: ‘Bouncing Back’ from Stress
- Rock Solid: Building Positive Relationships, Birth-3 Years, Part 1
- Rock Solid: Building Positive Relationships, Birth-3 Years, Part 2
- Rock Solid: Enhancing Emotional Literacy, Birth-Age Three
- Rock Solid: Enhancing Emotional Literacy, Three-Five Years
- See as a Child, Feel as a Child
- Stress: Seeing with Optimism
- Three Core Concepts in Early Brain Development

Research to Practice Tip Pages and Related Resources

- Building brain power: Executive function and young children
- Caring youth relationships
- Creating a peaceful environment for young children
- Creating a sense of place: Considering routine, ritual and belonging
- Emotion Talk: It’s important!
- Emotional Wellness: Understanding Its importance
- Helping children with sad times
- Hold my hand: Gentle guiding for the misguided
- I’m so mad! (Helping children deal with anger)
- Interactions matter: What research says and what you can do!
- Relationships: The essential ingredient in caring for children and how you can support it!
- Self regulation: Searching intentional practices-Approaches
- Self regulation: Searching intentional practices-Environment
- School readiness begins at birth
- School readiness: How to support children’s development
- Talking with preschoolers about emotions
- Temperament – What is it?
- The dance of kindness: Promoting goodwill in your program

Vodcasts

- Being There for Grieving Children
- BKC- Caregiver Sensitivity
- Cultural Understanding
- Executive Function Skills: Foster with Partner-time Play
- Stress: Seeing with Optimism

extension.psu.edu/youth/betterkidcare

Supported by funds from the Office of Child Development and Early Learning, jointly overseen by the Departments of Human Services and Education.

This publication is available in alternative media on request.

Penn State is an equal opportunity, affirmative action employee, and is committed to providing employment opportunities to all qualified applicants without regard to race, color, religion, age, sex, sexual orientation, gender identity, national origin, disability or protected veteran status.

Claudia C. Mincemoyer, Ph.D.,
Better Kid Care Program Director
2182 Eacly Drive – Suite 204
State College, PA 16803
© 2017 The Pennsylvania State University
BKCE_5K_resources.indd