

On Demand Child Care Training

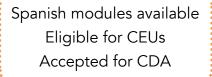
Featured module:

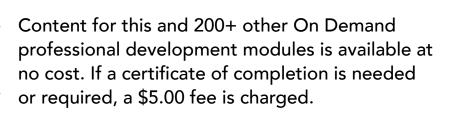
Children Can Cook

Cooking with young children is an important way for them to learn through sensory exploration. Safety concerns, as well as the potential "mess" often prohibit families and early educators from including children in cooking activities. This lesson provides practical guidance for fun and manageable ideas to encourage children in the development of their culinary skills.

Learn to:

- Understand the benefits for children and families of cooking with children in the early care and education setting.
- Identify age-appropriate activities and skills of young children related to cooking.
- Determine fun and safe ways to include cooking activities in the ECE setting.





See the status of module approval in your state at http://tinyurl.com/bkc-states



extension.psu.edu/youth/betterkidcare

 $Supported \ by \ funds \ from \ the \ Office \ of \ Child \ Development \ and \ Early \ Learning, jointly \ overseen \ by \ the \ Departments \ of \ Human \ Services \ and \ Education.$

This publication is available in alternative media on request.

Penn State is an equal opportunity, affirmative action employer, and is committed to providing employment opportunities to minorities, women, veterans, individuals with disabilities, and other protected groups. Nondiscrimination: http://guru.psu.edu/policies/AD85.html

Claudia C. Mincemoyer, Ph.D., Better Kid Care Program Director 2182 Sandy Drive – Suite 204 State College, PA 16803