



On Demand Child Care Training

Featured module:

Children Can Cook

Cooking with young children is an important way for them to learn through sensory exploration. Safety concerns, as well as the potential “mess” often prohibit families and early educators from including children in cooking activities. This lesson provides practical guidance for fun and manageable ideas to encourage children in the development of their culinary skills.

Learn to:

- Understand the benefits for children and families of cooking with children in the early care and education setting.
- Identify age-appropriate activities and skills of young children related to cooking.
- Determine fun and safe ways to include cooking activities in the ECE setting.



Spanish modules available
Eligible for CEUs
Accepted for CDA

Content for this and 200+ other On Demand professional development modules is available at no cost. If a certificate of completion is needed or required, a \$5.00 fee is charged.

See the status of module approval in your state at <http://tinyurl.com/bkc-states>

extension.psu.edu/youth/betterkidcare