



BKC Modules Approved for National CACFP Professional Certification Program

Specialty 1 – Nutrition

- Childhood Obesity Prevention: *Let's Move!* Child Care Introduction
- Childhood Obesity Prevention: LMCC – Increase Physical Activity
- Childhood Obesity Prevention: LMCC – Limit Screen Time
- Childhood Obesity Prevention: LMCC – Offer Healthy Beverages
- Childhood Obesity Prevention: LMCC – Serve Healthy Food
- Childhood Obesity Prevention: LMCC – Support Infant Feeding
- Children Can Cook!
- Cooking Matters for Child Care Professionals: Basics
- Family Child Care: Advancing Healthy Practices for a Healthy Future
- Family Child Care: Ethnic Foods Exploration
- Family Child Care: Overcoming Barriers to Lead Fun Physical Activities
- Food Allergies: Management and Prevention
- Fresh Harvest: Children Grow in the Garden
- Go Healthy! It All Begins With You
- Healthy and Hunger Free Children: Resources for Families
- Physical Activities for Young Children: Lead with Confidence
- Picky Eaters: A Guide to Responsive Feeding
- Smart from the Start: Teacher Training for Pre-K Wellness Curriculum
- Snack Time = Learning Time
- Supporting Families in Healthy Living

Specialty 2 – Program Operations

- Food Safety in Child Care: From Prep to Cleanup
- The Ins and Outs of Recordkeeping

Specialty 3 – Training and Technology

- There's Always More to Learn

Specialty 6 – Non-profit Management

- PYD Mastery: Program Planning and Development
- Get Parents and Families Involved in Your Program
- Hiring Staff
- Balancing Child-Staff Ratios
- Be Clear on Clearances
- Coaching and Mentoring: Supporting Staff (for Center Directors)

Specialty 7 – Civil Rights & Policy

- Advocacy: Raising Awareness for the Early Childhood Professional

NOTE: Modules are 2 hours of professional development credit unless otherwise noted. Some Spanish modules available.

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