



Better Kid Care modules approved for National CACFP professional certification program

Specialty 1 – Nutrition

- Children Can Cook!
- Cooking Matters for Child Care Professionals: Basics
- Family Child Care: Advancing Healthy Practices for a Healthy Future
- Family Child Care: Ethnic Foods Exploration
- Family Child Care: Overcoming Barriers to Lead Fun Physical Activities
- Food Allergies: Management and Prevention
- Fresh Harvest: Children Grow in the Garden
- Go Healthy! It All Begins With You
- Healthy and Hunger Free Children: Resources for Families
- Healthy Kids, Healthy Future: An Introduction*
- Healthy Kids, Healthy Future: Provide Healthy Beverages*
- Healthy Kids, Healthy Future: Get Kids Moving*
- Healthy Kids, Healthy Future: Nurture Healthy Eaters*
- Healthy Kids, Healthy Future: Reduce Screen Time*
- Healthy Kids, Healthy Future: Support Breastfeeding*
- Out-of-School Nutrition and Physical Activity (OSNAP) (7 hours)
- Physical Activities for Young Children: Lead with Confidence
- Picky Eaters: A Guide to Responsive Feeding
- Smart from the Start: Teacher Training for Pre-K Wellness Curriculum
- Snack Time = Learning Time
- Supporting Families in Healthy Living
- Taking Steps to Healthy Success: An Introduction
- Taking Steps to Healthy Success: Active Play
- Taking Steps to Healthy Success: Breastfeeding Support
- Taking Steps to Healthy Success: Family Style Dining
- Taking Steps to Healthy Success: Healthy Eating
- Taking Steps to Healthy Success: Reduce Screen Time
- Taking Steps to Healthy Success: Staff Wellness

Specialty 2 – Program Operations

- Food Safety in Child Care: From Prep to Cleanup
- The Ins and Outs of Recordkeeping

Specialty 3 – Training and Technology

- Online Learning: Best Practices to Maximize Professional Development
- There's Always More to Learn

Specialty 6 – Non-profit Management

- Balancing Child-Staff Ratios
- Be Clear on Clearances
- Coaching Conversations: Support Quality Practice (3 hours)
- Coaching and Mentoring: Supporting Staff (for Center Directors)
- Get Parents and Families Involved in Your Program
- Hiring Staff
- PYD Mastery: Program Planning and Development

Specialty 7 – Civil Rights & Policy

- Advocacy: Raising Awareness for the Early Childhood Professional

*NOTE: Modules are 2 hours of professional development credit unless otherwise noted. *Module available in Spanish.*

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